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Living La Vida Loca!

LIVING LIFE TO THE FULLEST:
Tina Ambani shakes a leg with the
silvers on Ricky Martins' song

Tina Ambani shows senior citizens that life can be celebrated after retirement as well

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Times News Network

She stopped being an actress years ago, Bollywood may not recall her last film, but Tina Ambani will forever remain a heroine. Now, she's on the lookout for heroes! Meaning, ordinary people who do extraordinary things.

It's that time when her NGO, Harmony for Silvers Foundation, honours ten senior citizens (her 'silvers') for impacting the lives of many and for making a contribution to society as well. An award ceremony has been planned tomorrow for which Tina was leading a group of 70-plus silvers to Ricky Martin's *Living La Vida Loca* in a salsa rehearsal. *Forbes* should have seen her at it! "Heroes don't need to be chosen. We have

heroes between us," she said in between a break at the NGO's interactive centre in Girgaon. Behind, the silver-haired genteel citizens of yesteryear continued to shake their legs and claps their hands in time to music. Somehow, Tina has succeeded in making wrinkled faces smile with the knowledge that life can be lived to the fullest even after retirement.

What drives her to do this? Surely being the wife of the sixth richest man in the world, a patron of art and a part of other charities, besides being a devoted and caring mother, must keep her busy already. "I have asked myself this question many times and still don't have an answer," Tina admitted. "I am a very emotional person and besides, society has given me so much — name, fame — so I need to contribute somewhere. I feel

someone should take the lead, by that, I don't mean that I am the leader, no, I am just a catalyst."

She's doing her bit and more, but would like the government to do something for her "extended family" as well. "The government needs to realise that they are a huge vote bank. They need their rights, privileges too," explained Tina. She's in this because she genuinely wants to empower people. There's no question of personal gratification. Her heart is set on starting a movement that will "sensitise people and our children towards the needs of the aged". And since charity begins at home, she said softly, "I make my sons give ten per cent of what they get on their birthdays for this cause."